



## **Transitions-Mental Health Association**

*Inspiring hope, growth, recovery and wellness in our communities*

### **Supported Employment Program**

TMHA's Supported Employment Program (SEP) provides community employment services that enhance opportunities for adults living with a mental illness to achieve their employment goals. Services are person-centered and take into consideration each individual's skills, interests, and abilities as they return to work in jobs and environments they prefer and with the level of professional support they desire.

**Employment is viewed as part of one's recovery from mental illness and a journey toward life NOT defined by illness.**

SEP serves approximately 200 individuals per year and partners with a variety of businesses and community agencies throughout San Luis Obispo and Northern Santa Barbara Counties.

#### **Services for Job Seekers**

Job Seekers receive one-on-one employment supports that promote successful training of a person to a new job, job adjustment, retention and advancement. Supports are designed to promote successful long-term placement and the level of support is individualized to each person and the complexity of their job and change as needs change. Time-unlimited support is provided to maintain and/or advance in employment and help further job placements if required to ensure the individual has an opportunity to earn wages sufficient to provide economic self-sufficiency.

Supports include, but are not limited to:

- On-site or off-site job coaching
- Referral to supportive services for non-work related needs
- Assistance with accommodations
- Ongoing benefits counseling

#### **The Business Case for Employers**

Hiring Job Seekers through SEP creates opportunities for businesses to increase revenue and profits while reducing costs. Employers have access to pre-screened qualified job applicants thus reducing hiring and training costs as well as increasing retention. The SEP Team can help businesses build inclusive, high-performing teams by providing employment supports that ensure good fit, improve productivity and encourage longevity.

Supports for employers include, but are not limited to:

- Education/Training on workplace mental health
- Assistance with the Work Opportunity Tax Credit
- On the Job Training Fees, where applicable
- Promotion of your business's social cause as our partner

Whether you are a Job Seeker or an Employer, Supported Employment is here to help. For more information, please contact Megan Murchison at (805) 540-6548 or [mmurchison@t-mha.org](mailto:mmurchison@t-mha.org) or the California Department of Rehabilitation.



WELLNESS • RECOVERY • RESILIENCE

